

SOUTH JORDAN MIDDLE SCHOOL PHYSICAL EDUCATION

Dear Parents and Students,

Welcome to P.E.! We are excited to be back in school with you. Due to the COVID-19 pandemic, we are anticipating a very unique school year. With that in mind, we would like to address some changes to our Physical Education classes since they will look a little different than the past. This year, we are **NOT** requiring students to dress in P.E. clothes, however we highly recommend it. **We will require all students to wear athletic shoes in class.** If your student prefers to change their clothes, they will be given proper time at the start and end of class to change.

Since P.E. is considered a “high risk” class, we are taking extra precautions to avoid the spread of COVID-19. Our daily protocol given by Jordan School District will go as follows:

1. Students entering the gym will be asked to sanitize their hands and wear a mask at all times.
2. Students will place backpacks inside the locker rooms and will be asked to immediately sit in their roll call lines. Only 10-15 students will be allowed in the locker room at a time.
3. Roll call lines will follow social distancing guidelines and temperatures will be taken after roll. If students have a temperature of 100.4 or higher, they will be sent to the office.
4. After attendance is recorded, students will be given 4-5 minutes to change their clothes. Locker rooms will be locked for the remainder of class. If students need to use the restroom, they will be asked to use the one's located in the hallway by the gym.
 - We will be going outside as much as possible, so we recommend students bring a water bottle labeled with their name. We are going to try our best to continue doing the same activities we would do in a normal school year.
 - Students will be required to wear a mask, regardless if we are inside or outside. The only exception to wearing a mask is when students run the mile.
 - At the end of each period, all equipment will be sanitized.
5. Students will be required to sanitize their hands as we come back inside the building and will be able to exit the gym when the bell rings.

Our number one goal is the safety of our students. If for any reason you have any questions about our protocol, please contact your students' individual teacher. We are trying our best to follow strict guidelines while still participating in fun activities and striving for our students to be

as active as possible! Please encourage your students to adhere to our rules so we can all stay safe.

Thank you for your support!

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