

PE ADDENDUM

Goal

- Learn about fitness and become fit through exercise
- Play multiple sports and games
- Have fun and develop healthy habits

Supplies

- Gym clothes

Expectations of Physical Education students:

- Dress
- Behave
- Participate

Rules

- No gum, candy, food, or drink (water bottle is fine)
- **ABSOLUTELY NO BACKPACKS** allowed in gym or locker room
- Sit in roll call lines at required times
- Do your best every day
- No cell phones in locker room

Gym Clothes

- Plain white t-shirt with their last name on front and back with black marker (No V-Neck tee-shirts allowed)
- Blue or black gym shorts (mid-thigh in length), sweats, or warm up pants
- Athletic shoes that tie
- No jewelry or accessories

Locks, Lockers & the Locker Room

- Students will be provided a lock and a locker for their gym clothes
- Things of value should not be in the locker room
- The P.E. staff is not responsible for lost or stolen items

Grading Procedures

- Students receive 10 points for dressing and 20 points for activities on a daily basis
- 90% of grade is participation, tests, and assessments
- 10% of grade is citizenship

Letter Grade Consequences

- Not Participating (lose 20-30 points)
- Misbehavior (discretion of teacher up to 30 points)
- Students who choose not to dress will **NOT** be allowed to participate and their grade will result in a zero for the day and must walk while the class is engaged in activity

Missing P.E.

- Only students that have an excused absence can make up gym
- Students will be required to participate in class unless they have a parent or doctors note
- Extended illness or injury will be made up at discretion of individual teacher
- Class missed due to school excused activities do not need to be made up
- Even with a parent or doctor note students will **ALWAYS** receive a zero until they make up the day(s) missed

Make Ups

- All make-ups are done at school
- Make-ups consist of jogging in the gym or outside, weather permitting
- Dressing out in PE clothes and 15 minutes of jogging makes up 1 day
Make-Ups are done every Tuesday, Wednesday, and Thursday either before school @ 7:00 AM or after school @ 3:00 PM
- If students cannot come on these days, they may schedule to come on Monday or Friday with their individual teacher
- Students who do **NOT** make up their absences within a 2 week period from their return will **NOT** be able to make it up and their grade will result in a zero

Physical Education Staff

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