

South Jordan Middle School-- Health 2020 ----- Mrs. Chappell ----- 2021

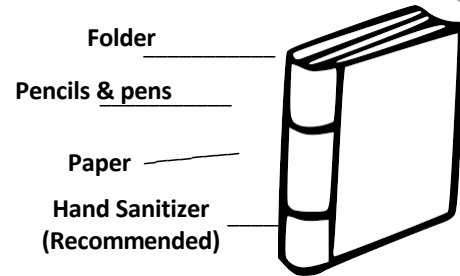
Communication with the teacher

The best way to reach me is through email. I try to respond to email within 24 hours.
Jessica.Chappell@jordandistrict.org

In this time of a pandemic, please stay home if you are sick or if you have had a known Covid exposure. I will help you get caught up. You are REQUIRED to wear a face covering in this class and throughout the school. Masks should cover both nose and mouth. We will also sanitize the desks and our hands at the beginning of class each day.

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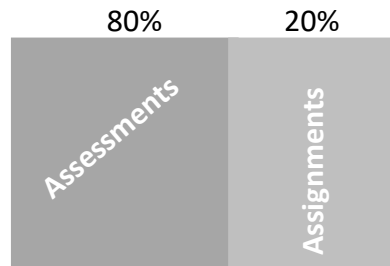
Class Materials



Course Outline

- ✓ Health Foundations & Protective Factors
- ✓ Mental & Emotional Health
- ✓ Safety & Disease Prevention
- ✓ Substance Abuse
- ✓ Nutrition
- ✓ Human Development

Grades



Maturation & Diseases

The maturation and diseases unit are Jordan District approved. It is an abstinence-based program for learning about maturation and other healthy lifestyle decisions. Attached to this letter is a parent permission slip regarding this curriculum.

Throughout the semester you'll be taking home, "Parents In The Know" notes. This will give you & your parents opportunities to discuss health-related topics together. These require a parent discussion and signature.

It is important to turn assignments and projects in on time so that you understand the material in a timely manner and do your best on assessments. No late work may be turned in the last week of the quarter.

Food & Drink Policy

No food or drinks besides water in class. If a student has a medical reason that may require an exception to this rule please talk to Mrs. Chappell.



Citizenship Grade

Good behavior is expected and includes

- Being prepared
- Respectful in class
- On time
- Displaying a winning attitude
- Being ready to listen & learn

These are school-wide rules. Your participation, behavior, and attitude will be reflected on your citizenship grade.

Disclosure Acceptance

By signing this disclosure you have read and agree to abide by this disclosure.

Student Signature
Date

Parent Signature Date

Parent Email



Parent Phone Number

Movies

We may watch the educational versions of either the movie

- *Supersize Me*
- *In Defense of Food*
- *Fed-Up*

during our study of nutrition.

These award-winning movies explore issues related to healthy eating and provide valuable discussion points. The documentaries have been edited and enhanced for use in the classroom and are rated PG.

Parents, please email me directly at jessica.chappell@jordandistrict.org if you prefer your student not watch these movies. An alternative activity will be provided.



Electronic Devices

Electronic devices should be kept in student's pocket. Devices should not be out during class, unless otherwise instructed by the teacher or with permission.

First offense: Student will turn the phone into the teacher until the end of class.

Second offense: Student will pick up phone at the office at the end of day.

Third offense: Phone will be turned into office and parents will have to pick up the device from the office.